

ALEXANDRA TRAMPOLINE CLUB (ATC)
063-841-NPO / PBO 930029221

Thusong Youth Centre
138 11th Avenue – ALEXANDRA
P O Box 11293, Randhart, 1457
Cell. 079-452-5937
e-mail: hudson@alextra.co.za



South Rand Recreation Centre
Geneva Road – SOUTH HILLS
Fax. 086-605-1855
Cell. 082-924-7384
e-mail: glenda@alextra.co.za

SOUTH AFRICAN GYMNASTICS FEDERATION (SAGF)
2014 - Annual – REGISTRATION – Category A – SAGF + ATC

R385.00 (per child) for SAGF annual registration + **R100.00 (per family)** for ATC annual club registration = **R485.00**
Or Non-competitive = R45.00 SAGF annual registration + R100.00 (per family) for ATC annual club registration = **R145.00**
SAGF + ATC annual registration may be divided into 2 payments i.e. R242.50 paid 05th February + R242.50 paid 05th March

TRAMPOLINE GYMNAST PERSONAL DETAILS

Copy of Birth Certificate required

SURNAME: I.D. NO.
FIRST NAMES: Date of Birth AGE:
GENDER (MALE / FEMALE) RACE (African/White/Coloured/Indian/Asian).....
(Required for SAGF-statistic purpose-only)

HOME ADDRESS..... Cell.no. (gymnast) :
..... Cell.no. (mother) :
..... Cell.no. (father) :

e-mail address (mother).....
e-mail address (father)

Name of MOTHER: Name of FATHER:

Name of SCHOOL/COLLEGE gymnast attending:

ADDRESS of School/college:

TELEPHONE number of School/college:

INDEMNITY FORM

I,.....(full name) I.D. no.
the legal guardian of
do hereby absolve the **Alexandra Trampoline Club (ATC)**, their coaches and management, from any liability whatsoever in respect of any injury which may be sustained by my child/children as a result of either directly or indirectly, of my child/children's participation in trampoline during training, competitions or transport in respect thereof. I hereby also acknowledge that I have read, understand and agree to the ATC – Terms and Conditions (back page)-PTO.

SIGNATURE of legal guardian:

DATE:

MONTHLY FEES: Monday – Wednesday – Friday – 15h30 to 17h30

DISCOUNT	DAYS	Monthly FEE (2 hour lesson)	Fee based on 4 weeks per month
2nd child - less 50%	3 days per week	R600.00 per child	12 lessons = R25.00 per hour
3rd child - free	2 days per week	R500.00 per child	8 lessons = R31.25 per hour
	1 day per week	R400.00 per child	4 lessons = R50.00 per hour

Bank details: Standard Bank–Alberton- branch code: 012342 – account number: 22 061 129 7, Account Name: Alexandra Trampoline Club

SUMMARY please ✓

AMOUNT PAYABLE (per child): R385.00 SAGF-annual registration **or** R45.00 SAGF (non-competitive) registration

AMOUNT PAYABLE (per family): **R100.00** ATC-annual club registration

TOTAL AMOUNT PAYABLE: R..... DATE TO BE PAID:

MONTHLY FEES: 3 days 2 days 1 day per week : **2 hours per lesson**

Monthly Fees payable in advance on/before the 05th of every month

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TERMS AND CONDITIONS

- Fees are payable monthly- in advance, no later than the 5th of every month.
- Please ensure that payment is made on time – it is not fair to delay/withhold our coaches' salaries – they work incredibly hard with the children and produce excellent results throughout the course of the year – it is also embarrassing to approach anybody for payment of their fees.
- Discount: 2 children enrolled: 50% discount on the 2nd child's fee, 3RD child free.
- **Bank details: Bank:** Standard Bank – Alberton – branch code: 012342
Account name: Alexandra Trampoline Club - **ACCOUNT No. : 22 061 129 7**
- Competition entry fees are payable in advance – gymnasts cannot compete in the competition if their competition entry fee has not been paid in full.
- Annual registration fees are payable to the Central Gauteng Gymnastics Association to register each gymnast annually with the South African Gymnastics Federation. This fee enables your child to compete in regional, provincial and national competitions, with the **possibility of receiving regional, provincial or national colours.** (Payable no later than the 5th of March – annually)
- ATC club registration fees are payable: ATC - Annual registration fee - R100.00 per family - payable annually no later than the 5th of March.
- Because of registration fees – January works out to be an exceptionally expensive month, please budget and plan accordingly and if necessary you are welcome to split your payment for registrations into two (2) equal payments.
- Fees are payable for December (on/before the 05th of December) as our fees are calculated for 11 months then divided over a 12 month period (more affordable for everyone). Coaches need to be paid in December and also deserve annual leave for all their hard work.
- We are open during all school holidays and only close on / about the 14 December and will reopen on / about the 14 January. We do not train on public holidays.
- We require one month's written notice should you wish to discontinue your child/children's lessons. Should notice not be given, you will be liable for a cancellation fee and legal action will be taken, at your expense, for ATC to recover all outstanding fees.
- Please note, that if your child is unable to attend practice for any reason whatsoever, you will still remain liable for the monthly fees. We will not be liable to make up these lessons. Should a coach not be available to coach your child, this missed lesson will be made up.
- Guideline to frequency of practice in order to progress steadily: remember – the more a gymnast practices – the quicker they will progress: Level 1 & 2: twice a week and Level 3,4 & 5: three times a week.
- It would be appreciated, if you could please **SMS**, advising when your child will be absent from practice. Prior knowledge will allow us to plan our practices accordingly.
- Additional training is on occasion offered by the coach – please remember that these lessons carry an additional cost, although not compulsory, your child will benefit.
- Warm up prior to practice is imperative to prevent injury and therefore it is important that your child is on time for their lesson, late arrivals are disruptive for the rest of the group and the coaches cannot leave a group of children who have already warmed up, unattended, to repeat the whole process for one late child. When equipment is to be packed / unpacked, it is the responsibility of all gymnasts to help.
- Gymnasts may wear shorts and T-shirts to practice, providing that they are not too baggy, as loose clothing can be dangerous.
- It is a requirement that gymnasts with hair that touches their shoulders must tie their hair up.
- No jewelry whatsoever is to be worn to practice – this applies to earrings that dangle, nose, belly rings and watches. These items can easily get caught in the trampoline mat and will rip out, a painful experience, which can be avoided.
- Our equipment is expensive and therefore not easily replaced – we expect the gymnasts to look after it and no misuse or abuse will be allowed. Under NO circumstances is a gymnast allowed to drink or eat on/around the equipment and no shoes besides gymnastic shoes are to be worn on the equipment.
- As with any other sport – trampolining can be dangerous – therefore we will be strict when it comes to disciplining our gymnasts. Please support us when this is necessary.
- Although we welcome and encourage parents in the hall whilst training is in session, we would like to respectfully request that no interference in the practice or with your child takes place. Should you have any concerns, please feel free to raise these with your child's coaches at the end of the practice session if necessary.